
January 13, 2019
Sunday After Holy Theophany

Commemorations:
Afterfeast of the Theophany of Our Lord and Saviour Jesus Christ
The Holy Martyrs Hermylus and Stratonikus,
Maximos the Righteous of Kapsokalyvia, Mount Athos,
Hilary of Poitiers, Kentigern, Bishop of Glasgow

Plagal of the Fourth Tone :: Eleventh Orthros Gospel

**Divine Liturgy of Saint John the Golden-mouth,
Archbishop of Constantinople**

Epistle Reading: St. Paul's Letter to the Ephesians 4:7-13

Reader: *Let Your mercy, O Lord, be upon us.*

Deacon: Let us be attentive.

Reader: *Rejoice greatly in the Lord, O righteous ones.*

Deacon: Wisdom.

Reader: *The reading is from Saint Paul's Letter to the Ephesians.*

Deacon: Let us be attentive.

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Chanters: Alleluia, Alleluia, Alleluia

Reader: *O Lord, I will sing of Your mercies forever.*

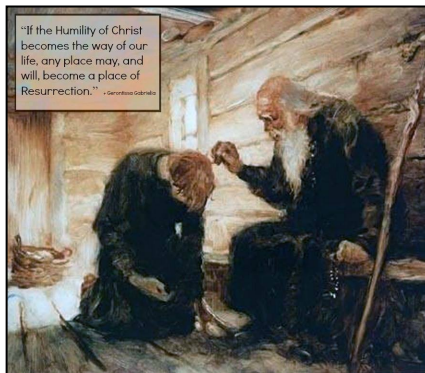
Chanters: Alleluia, Alleluia, Alleluia

Reader: *For You said, "Mercy shall be built up forever."*

Chanters: Alleluia, Alleluia, Alleluia

Holy Gospel: Matthew 4:12-17

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."



HYMNS FOR THE LITURGY

Resurrection Hymn (Plagal of the Fourth Tone)

From the heights You came down, O Compassionate One. And You did submit to three-day burial that from the passions You might deliver us. O our Life and Resurrection, O Lord, glory be to You.

Hymn for Holy Theophany (First Tone)

When You, O Lord, were baptized in the Jordan river, • the worship of the Holy Trinity was manifested, • for the voice of the Father bore witness to You, • calling You His beloved Son; • and the Spirit in the form of a dove, • confirmed the sureness of these words. • You Who appeared, O Christ God, • and have enlightened the world, glory to You.

Hymn for the Transfiguration

Kontakion for Holy Theophany (Fourth Tone)

You have appeared today • to all the world; • and Your light, O Lord, • has shined upon us. • In this knowledge we praise You. • You have come, • You have appeared: • You are the Light unapproachable.

PARISH NOTICES

We warmly welcome everyone who prays with us today, especially our guests. If you are interested in learning more about the Orthodox Christian Faith and our way of life, please speak with Father Sava. His contact information is on the front of this bulletin.

All are welcome at the Fellowship Hour in the parish social hall downstairs after Liturgy.

This Wednesday at *Knowing and Living our Faith*, Father Sava continues a new series of talks about the various **services of our Orthodox Church**. Have you ever wondered why we Orthodox worship as we do? Come and see! We'll begin by learning about the service of Vespers. All are welcome to join us!

It is the season for **house-blessings!** If you'd like Father Sava to visit and bless your home, please send him a text or email suggesting two or three dates and times when you'll be available. Remember: (1) corral all pets bigger than a mouse; (2) unplug from your electronics and gather in a convenient place for prayer; (3) Turn off TVs, radios, etc.; (4) have a small bowl of water prepared for Father to use; (5) Please, do not attempt to feed the priest! He's on a very strict diet for medical reasons. A cup of tea or coffee is always welcome, though.

Philoptochos Society meets today after Liturgy.

THIS WEEK AT TRANSFIGURATION CHURCH

Monday — **SERVICES CANCELLED** —

Wednesday Midweek prayers at 6:30 P.M., followed by *Knowing and Living our Faith*

Thursday **Anthony the Great of Egypt** :: Matins/Liturgy at 8/9 a.m.
Vespers at 6:30 P.M.

Friday **Athanasios and Cyril, Patriarchs of Alexandria** :: Matins/Liturgy at 8/9 a.m.

Saturday Great Vespers at 5 P.M. :: *Confessions following, or by appointment*

Next Sunday January 20th :: **12th Sunday of Luke**
Matins at 9:00 A.M. :: Divine Liturgy at 10:00 A.M.
Sunday School :: **Parish Council Meeting**

LOOKING AHEAD

January 25 St Gregory the Theologian
January 27 St Sava of Serbia
January 30 The Three Holy Hierarchs
February 2 The Meeting of the Lord (Feast of the Presentation of IC XC)
February 17 Sunday of the Publican and Pharisee (Triodion begins)
March 10 Forgiveness Sunday
March 11 Great Lent begins

The Morning Prayer of the Last Elders of Optina Monastery

O Lord, grant that I may meet all that this coming day brings to me with spiritual tranquility. Grant that I may fully surrender myself to Your holy Will.

At every hour of this day, direct and support me in all things.

Whatever news may reach me in the course of the day, teach me to accept it with a calm soul and the firm conviction that all is subject to Your holy Will.

Direct my thoughts and feelings in all my words and actions. In all unexpected occurrences, do not let me forget that all is sent down from You.

Grant that I may deal straightforwardly and wisely with every member of my family, neither embarrassing nor saddening anyone.

O Lord, grant me the strength to endure the fatigue of the coming day and all the events that take place during it.

Direct my will and teach me to pray, to believe, to hope, to be patient, to forgive, and to love. Amen.

The Morning Prayer of Saint Philaret, Metropolitan of Moscow

O Lord,
grant that I may meet the coming day in peace.

Help me in all things
to rely upon Your Holy Will.

In every hour of the day,
reveal Your will to me.

Bless my dealings with all who surround me.

Teach me to treat all that comes to me
throughout the day with peace of soul,
and with the firm conviction that You will governs all.

In all my deeds and words,
guide my thoughts and feelings.

In unforeseen events, let me not forget
that all are sent by You.

Teach me to act firmly and wisely,
without embittering and embarrassing others.


Give me the strength to bear the fatigue
of the coming day with all that it shall bring.

Direct my will.



Teach me to pray.

Pray You Yourself in me.


Amen.



**TRANSFIGURATION
GREEK ORTHODOX CHURCH**
METROPOLIS OF DENVER
GREEK ORTHODOX ARCHDIOCESE OF AMERICA



*Our Holy and Venerable Father
Anthony the Great of Egypt*



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